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A Dynamic Graph Neural Network Framework for Chronic Postsurgical Pain Trajectory Prediction Using Temporal Opioid and Psychological Data

Samuel Boateng^{1*}, Kwesi Mensah¹, Kojo Asante², Linda Owusu¹

Abstract

Chronic postsurgical pain (CPSP) affects 10–50% of surgical patients and is a major contributor to long-term opioid use and reduced quality of life. Current predictive models treat patients independently and fail to capture how risk evolves over time or how postoperative opioid trajectories influence divergence in outcomes. We propose a dynamic graph neural network (GNN) framework in which patients are modeled as nodes and similarity-based edges evolve over time based on opioid prescription patterns, pain scores, and preoperative psychological factors. The model includes (1) a patient graph with static preoperative features, (2) a temporal edge update mechanism, (3) a GNN message-passing layer that aggregates information from dynamically connected patients, and (4) a prediction head estimating CPSP risk at 3, 6, and 12 months. By modeling changing patient relationships after surgery, the framework captures how similar patients may diverge or converge depending on postoperative management, enabling more accurate and personalized CPSP risk prediction using longitudinal electronic health record data.

Keywords Graph neural networks, Chronic postsurgical pain, Dynamic graphs, Opioid prescribing, Predictive modeling, Temporal edge updates

*Correspondence:

Samuel Boateng
samuel.boateng@gmail.com

¹ Department of AI Healthcare Systems, University of Ghana, Accra, Ghana

² Department of Intelligent Clinical Engineering, Kwame Nkrumah University of Science and Technology, Kumasi, Ghana

Introduction

Chronic postsurgical pain (CPSP) persists for at least three months following a surgical procedure and has been documented in 10–50% of patients across major surgery types, including thoracic, amputation, cardiac, breast, and hernia repairs [1, 2]. The transition from acute to chronic pain represents a critical window during which biological healing interacts with psychological vulnerability and pharmacological management to determine long-term outcomes [3, 4]. Risk factors for CPSP extend beyond surgical variables to include preoperative psychological distress, with elevated scores on the Pain Catastrophizing Scale (PCS), General Anxiety Disorder-7 (GAD-7), and Patient Health Questionnaire-9 (PHQ-9) consistently predicting worse pain outcomes [5, 6].

Opioid prescription patterns following surgery have emerged as powerful predictors of CPSP, with initial dose, refill frequency, and total morphine milligram equivalents (MME) over the first postoperative weeks distinguishing patients who will develop persistent pain from those who recover normally [7, 8]. However, patients are not isolated cases—two individuals with identical preoperative psychological profiles may have dramatically different outcomes based on their

postoperative opioid management, and their similarity to other patients evolves over time as clinical trajectories unfold [9, 10].

The observation that patient similarity changes over time motivates a relational modeling approach: a patient who initially resembles a low-risk cohort may gradually align with a high-risk group if they request multiple opioid refills and report escalating pain scores [11, 12]. Conversely, a high-risk preoperative profile may resolve into a normal recovery trajectory if postoperative pain is well-controlled and opioid use tapers appropriately [13, 14]. These dynamics suggest that predictive models should update the relational structure among patients continuously rather than treating patient similarity as fixed from baseline.

Table 1 clarifies why the proposed framework is not merely a temporal extension of conventional prediction, but a distinct relational modeling strategy in which patient similarity itself becomes a dynamic clinical signal.

Table 1. Conceptual distinction between static patient-level prediction, static relational modeling, and dynamic graph-based CPSP trajectory prediction

Analytical dimension	Conventional patient-level models (logistic regression / XGBoost)	Static graph neural network	Proposed dynamic graph neural network framework
Fundamental unit of analysis	Individual patient treated as an independent observation	Patient embedded within a fixed similarity graph	Patient embedded within an evolving similarity graph
Representation of patient similarity	Not explicitly modeled	Modeled once at baseline	Recalculated repeatedly over postoperative time
Use of preoperative psychological factors	Incorporated as fixed predictors	Incorporated as node features and initial graph structure	Incorporated as static node features and baseline similarity prior
Use of postoperative opioid information	Usually collapsed into summary variables	May be appended as temporal node features but relational structure remains fixed	Used both as dynamic node information and as a driver of changing inter-patient connectivity
Handling of temporal clinical evolution	Limited; often based on aggregated snapshots	Partial; node states may evolve but graph structure does not	Explicitly models temporal change in both node state and edge weight
Capacity to reflect convergence or divergence between patients	Absent	Weak, because neighborhoods remain unchanged	Strong, because patients can become more or less similar over time
Clinical interpretation of relational change	Not available	Restricted to baseline similarity patterns	Directly linked to evolving opioid trajectory and pain trajectory similarity
Ability to capture peer-context effects	None	Present but static	Present and time-sensitive
Suitability for identifying emerging CPSP risk	Limited	Moderate	High

transitions			
Trajectory phenotype support	Usually external to the model	Possible but less naturally aligned with evolving neighborhoods	Intrinsically compatible with resolving, chronic low, chronic high, and intermittent trajectories
Main conceptual strength	Simplicity and familiar clinical interpretability	Introduces relational inductive bias	Integrates individual risk, temporal evolution, and dynamic relational reasoning
Main conceptual limitation	Ignores inter-patient structure	Assumes baseline similarity remains clinically valid over time	Requires dense longitudinal data and careful validation of edge update meaning

This paper presents a conceptual framework for CPSP trajectory prediction based on a dynamic graph neural network (GNN) with temporal edge updates [15, 16]. The framework models patients as nodes in a graph where edges represent similarity of opioid prescription histories and preoperative psychological assessments, and these edge weights are recalculated at each time step to reflect recent pain scores and medication patterns [17, 18]. By combining static preoperative features with dynamic postoperative measurements, the framework aims to capture both stable risk factors and evolving clinical states within a unified relational architecture.

Background

Chronic postsurgical pain

CPSP is defined as pain that develops after a surgical procedure, persists for at least three months, and cannot be attributed to alternative causes such as infection or malignancy [1, 2]. Incidence varies substantially by procedure type, with reported rates of 30–50% after thoracic and amputation surgeries, 20–30% after cardiac surgery, and 10–20% after breast cancer surgery and hernia repair [5, 6]. The socioeconomic burden of CPSP includes prolonged disability, reduced return-to-work rates, and substantial healthcare utilization, making accurate preoperative risk stratification a clinical priority [7, 8].

Preoperative psychological risk factors

Preoperative psychological assessments have consistently demonstrated predictive value for CPSP outcomes across multiple surgical populations [19, 20]. The Pain Catastrophizing Scale measures maladaptive cognitive and emotional responses to anticipated or actual pain, while the GAD-7 and PHQ-9 screen for anxiety and depression, each independently associated with postoperative pain trajectories [21, 22]. Higher scores on these instruments predict not only greater acute postoperative pain intensity but also increased likelihood of persistent pain at 6 and 12 months after surgery, with effect sizes comparable to surgical factors [23, 24].

Opioid prescription trajectories

Postoperative opioid prescribing patterns exhibit substantial heterogeneity, with some patients requiring only a few days of low-dose opioids and others escalating to chronic use over months [25, 26]. Key trajectory features include total MME dispensed in the first week, number of refill requests, and the slope of opioid dose change over time [27, 28]. Opioid-naïve patients who receive high initial doses are at particular risk for prolonged use, whereas patients with preoperative opioid tolerance may require different trajectory modeling approaches [10, 29].

Dynamic graph neural networks

Dynamic GNNs extend static graph deep learning to settings where both node features and graph structure evolve over discrete or continuous time [3, 9]. Temporal graph networks (TGNs) incorporate recurrent modules that update node embeddings based on sequences of events, while EvolveGCN uses recurrent neural networks to evolve GCN parameters across time steps [4, 13, 14]. These architectures have been applied to social network analysis, traffic forecasting, and healthcare settings including electronic health record modeling, but their application to CPSP trajectory prediction remains unexplored [11, 16].

Framework Overview

High-level architecture

The proposed architecture consists of three sequential stages operating on a dynamic patient graph with N nodes corresponding to individual surgical patients [17, 18]. In the first stage, an initial graph is constructed using static preoperative features (psychological scores, demographics, surgical type) with edges connecting patients whose preoperative profiles are similar based on a k -nearest neighbors criterion. In the second stage, a temporal edge update module recalculates edge weights at each weekly time step using recent opioid prescription data and pain scores. In the third stage, a GNN performs message passing across the updated graph at each time step, feeding the resulting patient embeddings into a trajectory prediction head that outputs CPSP risk at 3, 6, and 12 months [12, 15].

Figure 1 illustrates the proposed dynamic graph neural network architecture in which baseline psychological similarity defines the initial patient graph and weekly opioid-pain evolution progressively reshapes inter-patient connectivity for multi-horizon chronic postsurgical pain prediction.

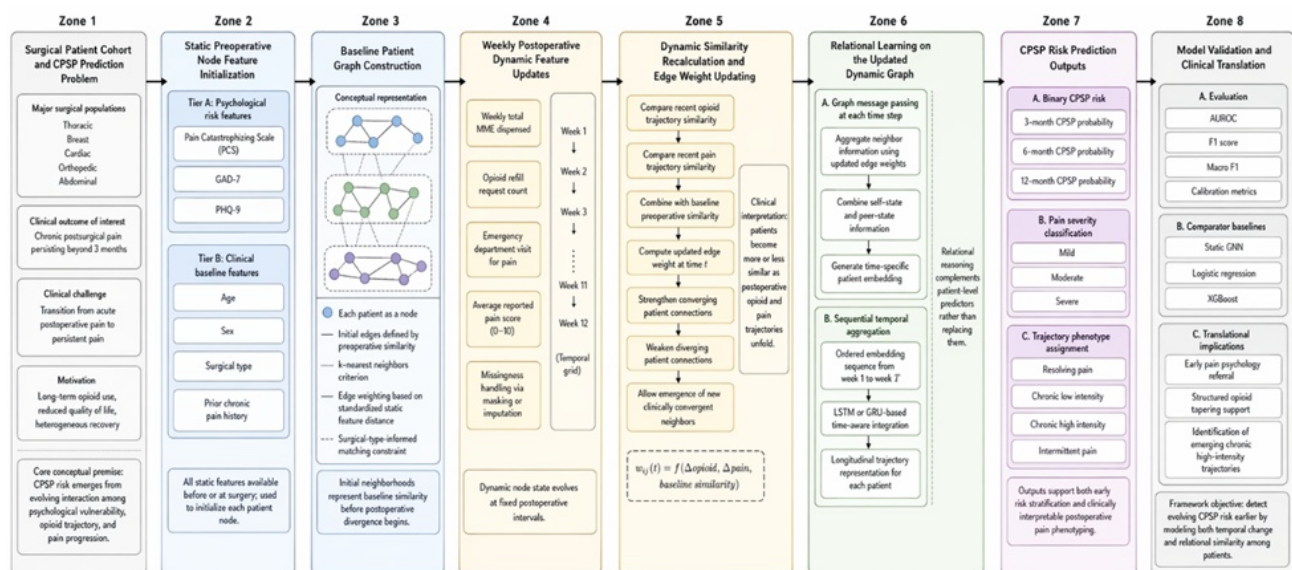


Figure 1. A dynamic graph neural network is used, where baseline psychological similarity forms the initial patient graph and weekly opioid–pain changes update connections for multi-horizon chronic postsurgical pain prediction.

Core assumptions

The framework assumes access to longitudinal electronic health record (EHR) data containing preoperative psychological assessments (PCS, GAD-7, PHQ-9), postoperative opioid prescription records with dosage and fill dates, and serial pain scores (0–10 numeric rating scale) collected during routine clinical follow-up [25, 26]. A second assumption is that the surgical cohort contains sufficient patient volume to construct meaningful patient neighborhoods, typically several

hundred to thousands of cases with complete data on key variables. A third assumption is that missing data patterns—common in real-world EHR systems for pain scores and refill records—can be addressed through imputation or masking strategies without violating the graph update mechanism [27, 28].

Design principles

Four design principles guide the framework development. First, the temporal edge update mechanism must be transparent and clinically interpretable: clinicians should understand why two patients become more connected over time (e.g., similar opioid tapering patterns) [19, 20]. Second, the graph architecture should accommodate irregularly spaced clinical observations through time-aware aggregation modules. Third, relational reasoning should complement rather than replace patient-level risk factors, meaning that final predictions integrate both individual static features and neighborhood information. Fourth, the framework must support trajectory clustering to identify clinically meaningful subgroups such as resolving pain, chronic low intensity, chronic high intensity, and intermittent pain patterns [21, 22].

Dynamic Graph Construction

Node features (Static)

Each patient node is initialized with a static feature vector comprising preoperative psychological scores from validated instruments including the PCS (range 0–52), GAD-7 (0–21), and PHQ-9 (0–27), as these have been identified as robust presurgical predictors of CPSP across multiple cohorts [23, 24]. Additional static features include patient age (years), sex, surgical type encoded categorically (breast, thoracic, orthopedic, abdominal, other), and prior chronic pain history documented preoperatively [1, 2]. The preoperative psychological measures are collected during standard pre-anesthesia evaluation or surgical clinic visits, typically within 30 days before the procedure, ensuring that all static features are available at the time of model deployment [5, 6].

Initial edge definition (Preoperative)

Edges in the initial graph are defined based on similarity of preoperative psychological profiles and surgical type, operationalized as the Euclidean distance between standardized static feature vectors [10, 29]. For each patient, the k nearest neighbors (with k selected via validation) are connected with edge weights inversely proportional to feature distance, ensuring that patients with similar preoperative risk profiles form local neighborhoods. Surgical type is included as a mandatory matching constraint for a subset of edges, reflecting clinical knowledge that recovery trajectories differ substantially across procedures such as total knee arthroplasty versus breast lumpectomy [20, 21].

Node features (Dynamic)

Dynamic node features are updated at weekly intervals post-surgery, capturing the evolving clinical status of each patient through time-stamped measurements recorded in the EHR [22, 23]. The core dynamic features include weekly total MME dispensed aggregated from prescription fills, count of opioid refill requests submitted during the week, binary indicator of emergency department visits for pain, and reported average pain score (0–10) from patient-reported outcomes or clinical assessments. These temporal features are aligned across patients using a fixed weekly time grid from postoperative week 1 through week 12, with missing values handled through forward imputation or learned masking [24, 25].

Temporal Edge Updates

Similarity recalculation at each time step

At each weekly time step t , the edge weight between patient i and patient j is recalculated based on the similarity of their recent opioid use and pain trajectories over the preceding observation window [26, 27]. Patients who have both escalated

their opioid dose (increasing MME) and reported worsening pain scores become more strongly connected, whereas a patient whose opioids are tapering appropriately becomes less connected to an escalating peer even if their preoperative scores were similar [28, 29]. This recalculation operationalizes the clinical hypothesis that postoperative management patterns, rather than preoperative status alone, drive eventual CPSP outcomes, and that patients effectively "change risk groups" as their trajectories evolve [4, 13].

Edge update function

The edge weight update function combines three terms: the change in opioid MME from the previous week to the current week (Δopioid), the change in reported pain score (Δpain), and the static preoperative similarity computed at baseline [10, 11]. Formally, $w_{ij(t)} = f(\Delta\text{opioid}_{ij}(t), \Delta\text{pain}_{ij}(t), w_{ij}(0))$, where f is implemented as a small multilayer perceptron or an attention-based mechanism that learns which components of trajectory divergence should most influence graph connectivity [14, 16]. The update function is applied to all existing edges at each time step, and new edges may be added for patients whose trajectories have converged despite distant preoperative profiles, while edges decay to near-zero weight for patients who have diverged sufficiently [12, 15].

GNN Architecture

Message passing at each time step

At each weekly time step t , a graph convolutional layer aggregates information from neighboring patients according to the updated edge weights $w_{ij}(t)$, producing a new embedding for each patient node that incorporates both its own dynamic features and those of its temporally similar peers [15, 25]. The message passing operation follows the formulation introduced by Kipf and Welling, where each node's representation is updated as a normalized sum of neighbor representations multiplied by the current edge weights, followed by a learnable linear transformation and non-linear activation [9, 15]. For CPSP prediction, this mechanism enables a patient with escalating opioid use to receive information from other patients who have followed similar escalating trajectories, potentially revealing shared patterns of transition to chronic pain that would be invisible to patient-independent models [3, 4].

Time-aware aggregation

After message passing at each time step produces a sequence of patient embeddings $h_i(1), h_i(2), \dots, h_i(T)$ for T weekly time points, a recurrent neural network with long short-term memory (LSTM) or gated recurrent units compresses this sequence into a fixed-dimensional trajectory representation [26, 27]. The time-aware aggregation module processes embeddings in chronological order, maintaining a hidden state that captures how the patient's relational context has evolved over the postoperative period [13, 14]. This design choice is motivated by evidence that the order and timing of opioid dose changes and pain score fluctuations carry prognostic information, with early high-dose exposure followed by rapid tapering potentially differing from delayed but persistent low-dose use [10, 11].

Prediction output

The final trajectory representation from the time-aware aggregation module is passed through a multilayer perceptron with sigmoid activation to produce the probability of CPSP at 3 months post-surgery, with additional output heads providing probabilities at 6 and 12 months for longitudinal risk assessment [28, 29]. Beyond binary CPSP classification, the framework also outputs predicted pain intensity categories (mild, moderate, severe) at each time point by applying a softmax layer over the trajectory representation [12, 17]. The model further produces a risk trajectory type—specifically classifying patients into categories such as resolving pain, chronic low intensity, chronic high intensity, or intermittent pain—enabling clinicians to distinguish between patients who will recover spontaneously and those who require early pain management intervention [18, 19].

Trajectory Prediction

Classification task

The primary prediction task is binary classification of CPSP status at 3 months post-surgery, defined according to established criteria as pain persisting beyond the expected healing time without alternative explanation, with a secondary task of predicting pain intensity categorized as mild (1–3), moderate (4–6), or severe (7–10) on the numeric rating scale [20, 21]. These prediction tasks align with clinical guidelines for CPSP risk stratification and with the outcomes measured in major prospective cohort studies such as the Acute to Chronic Pain Signatures (A2CPS) study, which has collected multimodal biomarkers and clinical data to support predictive model development [22, 23]. The framework outputs predictions for each patient at the time of hospital discharge or at the first postoperative follow-up visit, using only data available up to the prediction time point to ensure clinical utility [24, 25].

Trajectory clustering

Beyond point predictions at fixed time horizons, the framework performs trajectory clustering by assigning each patient to one of four clinically meaningful trajectory types based on their complete postoperative sequence of pain scores and opioid use patterns [26, 27]. The resolving pain type shows decreasing pain and opioid use reaching near-zero levels by week 8; chronic low intensity shows persistent mild pain with minimal opioid use; chronic high intensity shows persistent moderate-to-severe pain with ongoing or escalating opioid requirements; and intermittent pain shows fluctuating pain scores above moderate threshold at multiple time points interspersed with low-pain periods [28, 29]. Assignment to trajectory type is achieved by computing a patient's sequence of hidden embeddings across all time steps, comparing this sequence to prototype trajectories learned during training, and outputting the closest prototype match as an interpretable clinical label [4, 13].

Evaluation Strategy

Prediction metrics

For binary CPSP classification at 3, 6, and 12 months, the framework should report the area under the receiver operating characteristic curve (AUROC) and the F1 score to balance precision and recall, given that CPSP prevalence in typical surgical populations ranges from 10–30% and class imbalance is expected [10, 11]. For pain intensity prediction (mild, moderate, severe), macro-averaged F1 across the three categories provides an appropriate metric that weights each intensity level equally regardless of prevalence. For trajectory type assignment, the framework requires both macro F1 and calibration metrics (e.g., expected calibration error) to ensure that predicted probabilities for each trajectory class reflect true underlying frequencies [12, 17].

Edge update validation

Validation of the temporal edge update mechanism requires both quantitative and qualitative analyses to confirm that updated edge weights correspond to clinically plausible similarity evolution [18, 19]. Quantitatively, one can examine whether patients assigned to the same predicted trajectory type (e.g., chronic high intensity) have higher mean edge weights among themselves than across trajectory types at later time steps, while such within-type edge weight elevation may be absent at baseline. Qualitatively, clinical co-investigators should review case examples of patient pairs whose edge weight increased substantially over time, verifying that shared patterns of opioid refill requests and pain score trajectories justify stronger connectivity from a clinical perspective [20, 21].

Baseline comparisons

The dynamic GNN framework should be compared against three baseline approaches using the same train-validation-test split and outcome definitions [22, 23]. The first baseline is a static GNN with no temporal edge updates, where the

initial preoperative graph structure remains fixed throughout all time steps, isolating the benefit of dynamic edge recalculation. The second baseline is logistic regression with static preoperative features (psychological scores, age, sex, surgical type) plus summary opioid features (total MME week 1), representing conventional clinical risk modeling. The third baseline is XGBoost using the same feature set, capturing non-linear interactions among static and aggregated dynamic features but lacking relational structure [24, 25]. Superior performance of the dynamic GNN across AUROC and calibration metrics would support the claim that evolving patient similarity captured through temporal edge updates adds predictive value beyond static features and fixed graph structures [26, 27].

Limitations

Technical limitations

The framework requires longitudinal EHR data with regular pain score documentation and opioid prescription tracking across all patients in the cohort, but real-world clinical settings exhibit substantial missingness on both dimensions, particularly for patient-reported pain outcomes [28, 29]. Missing data patterns are unlikely to be completely at random—patients with escalating pain may have more frequent clinical encounters and thus more complete pain score records—potentially introducing bias into edge weight calculations and trajectory assignments [9, 15]. Additionally, the framework assumes that the frequency of clinical observations is sufficient to reconstruct weekly trajectories, but patients who miss follow-up visits or fill prescriptions at irregular pharmacies may have sparse data that violates this assumption [3, 4].

Table 2 translates the proposed architecture into a clinically interpretable implementation matrix by linking each technical module to its data requirements, inferential role, validation objective, and translational risk.

Table 2. Framework-to-clinic mapping of dynamic graph components, data dependencies, interpretive outputs, and validation targets for chronic postsurgical pain prediction

Framework component	Primary data inputs	Computational role	Clinical meaning	Expected output artifact	Key validation target	Principal implementation risk
Static node initialization	PCS, GAD-7, PHQ-9, age, sex, surgical type, prior chronic pain	Defines each patient's baseline representation before postoperative evolution	Encodes presurgical vulnerability and baseline clinical context	Static patient feature vector	Baseline discriminative utility and feature completeness	Incomplete psychological screening in routine practice
Baseline graph construction	Standardized preoperative features; k-nearest neighbors; surgical-type constraint	Establishes initial patient neighborhoods	Groups patients with comparable preoperative risk profiles	Weighted baseline patient graph	Clinical plausibility of neighborhood composition	Over-connection of superficially similar but clinically distinct patients
Weekly dynamic node update	Weekly MME, refill requests, ED visits for pain, pain score,	Refreshes postoperative patient state over time	Tracks evolving recovery or deterioration after surgery	Time-indexed dynamic feature sequence	Temporal completeness and correct alignment to	Irregular documentation and informative missingness

	missingness indicators				postoperative week	
Temporal edge update mechanism	Δ opioid, Δ pain, baseline similarity	Recalculates inter-patient connectivity at each time step	Models convergence toward or divergence from shared postoperative pain-opioid patterns	Updated edge weight matrix at week t	Whether rising within-trajectory similarity emerges over time	Edge changes may reflect prescribing culture rather than true patient similarity
Dynamic GNN message passing	Updated graph plus current node states	Shares information across temporally similar peers	Allows relational amplification of clinically relevant trajectory patterns	Time-specific patient embeddings	Incremental value over non-relational models	Noise propagation through unstable graph neighborhoods
Time-aware aggregation	Ordered embedding sequence across postoperative weeks	Compresses longitudinal relational history into a patient trajectory representation	Preserves timing and order of postoperative evolution	Final trajectory embedding	Sensitivity to early escalation versus late persistence	Sequence sparsity and variable follow-up density
Multi-horizon prediction head	Trajectory embedding	Produces CPSP risk probabilities at 3, 6, and 12 months	Supports staged risk stratification and early intervention timing	Binary risk outputs, severity probabilities	AUROC, F1, calibration	Performance drift across institutions and surgery types
Trajectory phenotype assignment	Full hidden sequence or trajectory prototypes	Maps longitudinal course into interpretable clinical categories	Distinguishes recovery from persistent pain phenotypes	Resolving, chronic low, chronic high, intermittent labels	Prototype coherence and subgroup separability	Over-simplification of heterogeneous recovery patterns
Comparative evaluation layer	Same data split across all models	Tests whether dynamic relational updating adds value	Demonstrates whether dynamic GNN logic is clinically justified	Benchmark comparison vs static GNN, logistic regression, XGBoost	Superiority in discrimination and calibration	Apparent gain may arise from data density rather than graph logic
Translational deployment interface	Risk outputs plus trajectory type	Converts model outputs into actionable care pathways	Supports referral, tapering review, and	Clinical decision support recommendation tier	Usability and decision relevance	Misinterpretation of probabilistic outputs in practice

			closer monitoring			
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Clinical limitations

A fundamental limitation is the distinction between correlation and causation: two patients may become strongly connected because they share the same discharging surgeon who prescribes high-dose opioids routinely, rather than because their underlying pathophysiology or pain trajectories are meaningfully similar [13, 14]. Temporal edge updates risk capturing practice patterns and healthcare system artifacts rather than patient-specific biological or psychological states, potentially limiting generalizability across institutions with different prescribing cultures. Validation across multiple surgical types and healthcare systems is necessary before clinical deployment, as the relationship between opioid trajectories and CPSP may differ substantially for breast cancer surgery versus total joint arthroplasty versus trauma surgery [1, 16].

Conclusion

This paper has presented a conceptual framework for predicting chronic postsurgical pain trajectories using a graph neural network with temporal edge updates applied to preoperative psychological assessments and postoperative opioid prescription histories. The framework models patients as nodes in a dynamic graph where edge weights are recalculated at weekly intervals based on evolving similarity of opioid use patterns and pain scores, enabling relational reasoning that captures how patients transition between risk groups over time.

The key advantages of this framework over conventional predictive approaches are threefold. First, it explicitly models the clinical observation that patient similarity changes after surgery—two individuals with identical preoperative risk profiles may diverge or converge based on their postoperative management trajectories. Second, it leverages relational information from temporally similar peers to improve individual patient predictions, effectively sharing statistical strength across patients who are following comparable courses. Third, its trajectory clustering outputs provide interpretable clinical categories (resolving pain, chronic low, chronic high, intermittent) that align with how clinicians conceptualize postoperative recovery patterns.

Several limitations must be addressed before clinical implementation. The framework requires longitudinal EHR data that may be incomplete or inconsistently collected across different healthcare settings, and missing pain scores particularly pose challenges for edge update validity. Furthermore, temporal edge updates risk capturing provider-level prescribing patterns rather than patient-level pathophysiology, necessitating rigorous validation across diverse surgical populations and healthcare systems to establish generalizability.

Future work should focus on implementing this framework on large surgical cohorts such as the National Surgical Quality Improvement Program (NSQIP), Optum, or TriNetX databases, which contain the requisite combination of preoperative psychological measures, longitudinal opioid prescription records, and serial pain assessments. Prospective validation studies following the A2CPS consortium model [22, 23] would be particularly valuable for establishing whether dynamic GNN predictions translate into actionable early interventions—such as targeted pain psychology referral or structured opioid tapering protocols—for patients identified as transitioning toward chronic high-intensity pain trajectories.

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